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WHAT IS CLAIMED IS:

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- 1 1. A bone anchor, comprising:
2 an anchor body configured to be retained within bone and to selectively restrict
3 movement of a flexible member coupled thereto such that after implantation, the flexible
4 member can be moved through the anchor body in a first direction while, without the aid of
5 an enlarged portion on the flexible member, movement in a second, opposite direction can be
6 restricted.

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 - 1 2. The bone anchor of claim 1 further comprising a restrictor configured to engage
2 the flexible member to selectively restrict movement of the flexible member.

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 - 1 3. The bone anchor of claim 2 wherein the restrictor is configured to engage the
2 flexible member at a substantially arbitrary position along a length of the flexible member.

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 - 1 4. The bone anchor of claim 1 wherein the anchor body defines an opening through
2 which the flexible member can be moved.

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 - 1 5. The bone anchor of claim 4 further comprising a restrictor configured to engage
2 the flexible member to selectively restrict passage of the flexible member through the
3 opening.

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 - 1 6. The bone anchor of claim 5 wherein the restrictor defines at least a part of the
2 opening.

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 - 1 7. The bone anchor of claim 6 wherein the restrictor defines a narrower portion of the
2 opening than another portion of the opening.

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 - 1 8. The bone anchor of claim 5 wherein the restrictor includes a sloped surface
2 configured to compress the flexible member to permit passage of the flexible member
3 through the opening.

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 - 1 9. The bone anchor of claim 5 wherein the restrictor includes opposing edges for
2 engaging the flexible member to restrict passage of the flexible member through the opening.

1 10. The bone anchor of claim 5 further comprises a second restrictor configured to
2 engage the flexible member to selectively restrict passage of the flexible member through the
3 opening.

1 11. The bone anchor of claim 10 wherein the restrictors are oppositely directed.

1 12. The bone anchor of claim 1 wherein the anchor body includes a pair of legs.

1 13. The bone anchor of claim 1 wherein the anchor body includes a bone-engaging
2 ridge for retaining the bone anchor in a bone hole.

1 14. The bone anchor of claim 1 wherein said anchor body comprises a unitary body.

1 15. The bone anchor of claim 1 wherein said anchor body includes a post about
2 which the flexible member is positionable.

1 16. A tissue repair system, comprising:

2 a first anchor body including a member that engages bone to retain the anchor within
3 the bone, the first anchor body defining an opening for receiving suture and a restrictor
4 forming a one-way passage through the opening,

5 a second anchor body including a member that engages bone to retain the anchor
6 within the bone, the second anchor body defining an opening for receiving suture and a
7 restrictor forming a one-way passage through the second anchor body opening, and

8 suture coupling the first and second anchor bodies, the suture extending through the
9 one-way passages.

1 17. A bone anchor, comprising:

2 an anchor body configured to be retained within bone and to receive a flexible
3 member such that after implantation of the anchor body within bone, the flexible member can
4 be moved through the anchor body while, without the aid of an enlarged portion on the
5 flexible member, subsequent movement of the anchor body can be restricted.

1 18. A tissue repair system, comprising:

2 a flexible member, and

3 first and second bone anchors coupled together by the flexible member, each bone
4 anchor including an anchor body configured to be retained within bone, at least one of the
5 bone anchors configured to receive the flexible member such that the flexible member can be
6 pulled to shorten a length of the flexible member between the bone anchors, while, without
7 the aid of an enlarged portion on the flexible member, subsequent lengthening of the flexible
8 member between the bone anchors can be restricted.

1 19. A bone anchor comprising:

2 an anchor body configured to be retained within bone, the anchor body defining a
3 one-way passage configured to pass a suture in a first direction and restrict passage of the
4 suture in a second direction opposite the first direction.

1 20. The bone anchor of claim 19 further comprising a restrictor defining the one-way
2 passage.

1 21. The bone anchor of claim 20 wherein the restrictor includes a sloped surface
2 configured to compress the suture to permit passage of the suture through the one-way
3 passage.

1 22. The bone anchor of claim 20 wherein the restrictor includes opposing edges for
2 engaging the flexible member to restrict passage of the flexible member through the one-way
3 passage.

1 23. A bone anchor comprising:

2 an anchor body configured to be retained within bone, the anchor body including a
3 restrictor defining an opening having a first portion for permitting passage of a member
4 therethrough, and a second portion restricting passage of the member therethrough without
5 the aid of an enlarged portion on the member.

1 24. A method comprising:

2 placing an anchor in bone,
3 moving a flexible member through the anchor in a first direction, and
4 restricting movement of the flexible member through the anchor in a second, opposite
5 direction.

1 25. The method of claim 24 further comprising placing a second anchor in bone, the
2 second anchor being coupled to the first anchor by the flexible member, wherein the step of
3 moving the flexible member in the first direction shortens a length of the flexible member
4 between the anchors.

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